



Making the Most of Your Pension Seminar

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Register for pension seminars for HSA members at Nanaimo Regional General Hospital

Thanks to popular demand and the efforts of the HSA steward team at Nanaimo Regional General Hospital, Municipal Pension Plan seminars are scheduled as follows:

Tuesday, April 18, 2017: Making the Most of Your Pension Seminar

Nanaimo Regional General Hospital

Room 2050, 2nd Floor

4:00 pm - 6:00 pm *Making the Most of Your Pension* seminar provides information for mid-career members. This seminar will provide information to help you understand your pension plan, and the options your plan affords you for the future.

Learn about:

- The value of your pension
- Leaves, buyback and your future pension income
- Your Member Benefit Statement
- Online pension plan tools and resources

Tuesday, April 25, 2017: Approaching Retirement Seminar

Nanaimo Regional General Hospital

Room 2050, 2nd Floor

4:00 pm - 5:30 pm Approaching Retirement seminar provides great information for members nearing retirement, reviewing member's options and information about how to successfully transition into retired life.

Learn about:

- Pension options
- Determining your retirement income
- Online pension plan tools and resources

All plan members are welcome to attend, including those receiving long-term disability (LTD) benefits.

MPP recommends that you bring your most recent Member Benefit Statement to the *Making the Most of Your Pension Seminar* and there will be a sample statement in the handout material as well. The instructor will go over the statement during the presentations but it is helpful to have your own information available. Once you have registered for the pension seminar, you will receive a confirmation email from HSA. This email will include contact information from MPP to obtain your pension statement.

Registration is through My Events Registration and you will need your HSA member ID number in order to create a login. Please call the HSA office at 604.517.0994 to receive your HSA member ID number.

Spouses are welcome to attend (space permitting) and a light dinner will be provided.

No wage replacement or expenses may be claimed for attending these seminars.

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