

## Occupational Health and Safety



Christine Haessig, cytogenetics, Vancouver

### A safe and healthy workplace

As a member of HSA, you've got access to experts who can help ensure you can do your job free from fear of injury, exposure to harmful materials or having to do something that isn't safe.

HSA conducts regular OHS training for stewards -- check our [events page](#) if you'd like to find out how to attend the next one.

Contact HSA with any questions you have about safety in your workplace by contacting your steward to [getting in touch with HSA's office](#).

### What to do if you are injured or sick

- [If you are injured - WCB \(WorkSafe BC\) claims and appeals](#)

### Leaflets for your workplace

- [Preventing Violence in the Health Care Workplace](#): a series of nine leaflets

### Ergonomic safety for sonographers

- [Best Practices for Diagnostic Medical Sonographers: Understanding and Minimizing Risk of Musculoskeletal Injury](#): HSA worked with WorkSafeBC to develop this important study on reducing injury among diagnostic medical sonographers.

## Bulletins and OHS news

- [OH&S news bulletins](#)
- [OH&S-related articles from The Report](#)
- [WorkSafeBC Health Care Updates](#): subscribe to this email bulletin about OHS issues in health care

## Other OHS training opportunities

- [BC Federation of Labour health & safety courses](#)

## Awards and recognition for HSA members

- [David Bland Memorial Award](#) - description and recipients
- [David Bland Memorial Award](#) - application form

## Other resources

- [Preventing Violence in Community Social Services: A Review and Survey in British Columbia](#): Summary report for the Joint Committee on Preventing Violence in the Workplace by Barton A. Jessup, Ph.D., R.Psych.
- [Disability Management](#)
- [OH&S organizations and resources](#)
- [OHS Regulation & related materials](#): link to WorkSafeBC's informative website
- [Awareness poster: Domestic violence and the workplace](#)

### **Psychological Health and Safety in the Workplace**

- [Mental Health Commission](#)
- [Bottom Line Conference](#)
- [13 Factors](#)

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### Attachments

File Attachments:

 [Preventing Violence in Community Social Services.pdf](#)

 [VictimLinkposterv2.pdf](#)

- [Print](#)
- [PDF](#)

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