



# PEARS research project recruiting participants form Fraser Health and Vancouver Island Health Authorities

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A new research study at the University of British Columbia is looking for healthcare workers who have experienced a workplace injury or other incident resulting in acute pain and who have registered in a PEARS program within Fraser Health Authority or Vancouver Island Health Authority. Participants identities will be kept strictly confidential, and neither the participants employer nor any PEARS personnel will have access to the information collected.

The research will help health authorities and other healthcare organizations provide the best care possible to their employees by showing how such factors as pain, depression, health beliefs, and sleep patterns affect a healthcare workers return to work after a workplace injury.

- **Who:** Any health care worker registered in a PEARS program offered through Fraser Health Authority or Vancouver Island Health Authority.
- **What:** Three interviews or online surveys.
- **When:** A total of about 1.5 hours of off-work time over an 8 month period.
- **How:** Contact Marilyn Barz at 604-822-9499 or [mjbarz@interchange.ubc.ca](mailto:mjbarz@interchange.ubc.ca), or contact your PEARS program.
- **Why:** Help improve PEARS services by contributing to knowledge on how pain, depression, sleep patterns, and other factors can affect a health care workers ability to get back to work quickly and safely.

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