



BULLETIN

## Invitation to participate: Cancer prevention study for shift workers

February 26, 2013

The Canadian Cancer Society - UBC Cancer Prevention Centre invites HSA members to participate in this study:

Are you a woman who works shifts? You may be eligible to participate in a sleep improvement program that may improve your quality of life, and help reduce breast cancer. Research has shown that women shift workers exposed to light at night are at increased risk for breast cancer.

With your help, the Canadian Cancer Society - UBC Cancer Prevention Centre hope to learn more about how to prevent breast cancer in shift workers for the future. See their brochure (<http://ow.ly/ecmcB>) and poster (<http://ow.ly/ecmaP>) for more information, or visit them at <http://cancerprevent.spph.ubc.ca/shiftworkers>.

To participate, please contact Carola Muñoz at 604-822-1315, or email [shiftworkers.cancerprevent@ubc.ca](mailto:shiftworkers.cancerprevent@ubc.ca).

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