

## BULLETIN

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### **Anti-Racism in Health Care and Social Services An HSA Diversity Workshop**

**DATE:** October 5, 2020

**TIME:** 9:00 am to 4:00 pm

**LOCATION:** Virtual – WebEx details to follow

HSA is pleased to offer this one-day workshop offered by the **H.E.A.R.T Collaborative – Health Equity & Anti-Racism Training**.

H.E.A.R.T [t]eam members Adeline Huynh and Michelle Buchholz will lead members through this engaging and interactive workshop that will utilize activities, case scenarios, and discussions to explore race, racism, and the social determinants of health in the context of healthcare & social service settings. Recognizing that anti-racism is an ongoing and active process of identifying and confronting individual, institutional, and systemic racism, this training will provide participants with practical tools to critically analyze and implement anti-racist practices in their workplace settings.

Workshop participants will:

- Gain insight into the impacts of race and racism with particular attention focused on Black and Indigenous peoples in Canada;
- Be able to apply key concepts related to systemic, institutional, and interpersonal racism;
- Understand how health outcomes are connected to racism embedded in policy and practices;
- Understand Whiteness, power, and privilege, and how these concepts contribute to racial oppression;
- Develop skills to confront racism (recognize it, speak up, enact change);
- Identify practical ways to implement anti-racist practices.

**Adeline Huynh** is an equity, diversity and inclusion (EDI) strategist, facilitator, and curriculum developer who lives and does her work on unceded Musqueam, Squamish and Tsleil-Waututh territories. She has spent the past 15 years collaborating on projects to promote EDI in a wide range of settings including, healthcare, education, government, social services, and the private sector. She is a former community-based healthcare social worker. As a social worker she worked in the DTES and witnessed first-hand the impacts of intergenerational trauma, racism and poverty on health outcomes of people who have been historically, persistently and systemically marginalized. Recently she was invited to moderate a panel on systemic racism in health care hosted by Fraser Health.



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**Michelle Buchholz** is a proud Wet'suwet'en woman and is a member of the Witsset (Morisetown) Band and was raised in Smithers, BC. She is a member of the Gitumden clan and the Cassyex house. Michelle is a graphic facilitator and recorder and has worked with various clients including provincial and federal government, First Nation communities and organizations, universities, health authorities, consulting groups, youth groups, etc. Her passion is working with Indigenous communities to raise Indigenous people up, with an emphasis on the health and wellness of Indigenous peoples. Michelle holds a Master of Public Policy from SFU and completed her capstone project on developing policies to address anti-Indigenous racism in health care.

**This workshop is open to all HSA members. Space is limited.**

To register for these workshops log into [My Events Registration](#) using the prompts provided. Workshops are listed under Other events. Please call the HSA office at [604.517.0994](tel:604.517.0994) or [1.800.663.6119](tel:1.800.663.6119) if you do not know your HSA member ID number.