

Classification Level P1 – Working Professional

Professional Grouping:

REHABILITATION/THERAPEUTIC

Professions: Aquatic Therapist, Audiologist, Clinical Exercise Physiologist, Massage Therapist, Occupational Therapist, Physiotherapist, Recreation Therapist, Speech/Language Pathologist

NATURE OF WORK:

Jobs matched to this profile perform a wide range of therapeutic, preventative, recreational, and/or rehabilitative services within professional scope of practice and established policies, procedures and standards in a variety of healthcare environments (e.g. acute care, long term care, home and community health services, primary health care, etc.) and in individual and/or group settings. These jobs utilize technical and scientific knowledge and proficiency gained through required post-secondary qualifications for the referenced professions. This includes additional specific certifications required to perform the full scope of the job as described by the job description, and within professional scope of practice as determined by the relevant college, accrediting body, or professional association.

Illustrative Responsibilities:

Consistent with professional scope of practice performs some or all of the following:

- Exercises independent judgment in decision making related to therapeutic, preventative and/or rehabilitative services to promote, develop, maintain and/or restore optimal function.
- Performs work in accordance with established standards of practice, Employer policies, and work-related processes, procedures and guidelines, including patient safety and quality protocols.
- Screens referrals and performs intake. Conducts assessments and/or examinations of patient/client/resident status; interviews/gathers information from patient/client/resident/family; reviews patient/client health record including test results to determine, develop and implement care/treatment plans using diverse approaches and/or coordinates services for patient/client/resident; evaluates and prioritizes interventions including diagnostic and other testing procedures to support diagnosis and treatment.
- Engages patient/client/resident/family/caregivers in setting treatment/service goals.
- Provides treatment, education and guidance in individual or group settings.
- Provides education to patients/clients and families/caregivers regarding functional and rehabilitation issues of patients/clients; coaches patients/clients to ensure their maximum effort and cooperation and promotes their independence and return to optimum functioning.
- Administers standard clinical diagnostic tests to assess impairment/function.
- Applies localized medications and solutions as required and within scope.
- Instructs patients/residents/clients on equipment/aid use and safety.
- Monitors patient/client/resident progress, evaluates outcomes/goals and reassesses and/or modifies care/treatment plan and/or refers patient/client/resident to other health care resources as required. Identifies patient/client/resident/family learning needs and provides related instruction, guidance and/or education materials. Advocate on behalf of patient/client/resident and family/caregiver. Assists patient/clients/residents to obtain community supports and links clients to community partners and programs
- Collaborates with multi-disciplinary care teams, practice leaders, patient/client/resident, family and other stakeholders in the provision of care across the continuum; provides clinical work direction to designated care providers and volunteers; and coordinates administrative tasks related to the provision of care.
- Participates in employer programs and initiatives such as clinical rounds, discharge planning, research activities, quality improvement, team conferences, meetings, and the development of new policies, procedures and standards for care/program delivery. Contributes to discussions; reports back on decisions, outcomes and recommendations.
- Utilizes, maintains, and participates in the evaluation of work-related systems, tools, supplies, and equipment in the provision of care/treatment. Gathers, enters, reviews, and maintains patient/client/resident information in health systems. Compiles/prepares reports.
- Provides orientation, guidance, and collegial information or demonstration of equipment or work methods and processes to others including peers, new staff, and students. Provides instruction and/or supervision to students; evaluates and provides feedback on student progress. Provides work direction to support staff.

Additional Profession Specific Details:

Aquatic Therapist:

- Work primarily involves conducting water-based therapeutic treatments or exercises to improve movement and function potential in patients/clients/residents using the mechanical and thermal properties of water.

Audiologist:

- Work primarily involves screening, identifying, assessing, diagnosing and treating patients/clients/residents with hearing loss; prescribes, fits, monitors and maintains hearing aids; examines auditory pathways to evaluate hearing function, to determine location of pathology, or to monitor use of hearing aids; administers standard clinical diagnostic tests, such as speech audiometry, pure tone audiometry, acoustic immittance and otoacoustic emissions testing; performs a range of test procedures to assess the adequacy of amplification devices.

Clinical Exercise Physiologist:

- Work primarily involves conducting fitness and movement tests and assessments and developing fitness and mobility programs for patients/resident/client rehabilitation with cardiac disease.

Massage Therapist:

- Work primarily involves the assessment of soft tissues and joints and manipulation of soft tissues of the body including muscles, connective tissue, tendons, ligaments and joints to develop, maintain and/or restore the patient/client/resident's physical functioning and reduce pain.

Occupational Therapist:

- Work primarily involves assessment of occupational engagement and assessment of various setting such as home, work and other environments; uses diverse therapeutic interventions to improve engagement; identifies requirements for equipment or modifications to home or other environments; prescribes, fits, monitors and tests adaptive/assistive devices and aids; mobility equipment and self-care aids; constructs basic splints, designs adaptive equipment and submit requests for construction of such equipment.

Physiotherapist:

- Works primarily involves assessment and the implementation of individualized treatment interventions, utilizing diverse intervention approaches such as therapeutic exercise, manipulations, massage, electro-therapeutic and mechanical equipment, and hydro-therapy to promote, develop, maintain and/or restore the patient/client/resident's physical functioning and reduce pain.

Recreation Therapist:

- Work primarily involves the use of social and leisure activities to provide various goal-oriented therapies; assesses the recreation/leisure goals, needs, interests and abilities of patients/clients/residents; develops and implements individual and group therapeutic recreation treatment interventions based on the social, physical, emotional, mental and spiritual needs of patients/clients/residents.

Speech/Language Pathologist:

- Work primarily involves identification, assessment, diagnosis and treatment of communication, voice and/or swallowing disorders, such as speech delays and disorders, language delays and disorders, fluency disorders, voice and resonance disorders, feeding disorders, cognitive-communication disorders, pre-literacy and literacy.